



# Social Worker / Psychotherapist (Spanish Speaking)

Reports to: Manager, Advanced Practice, Social Work

Status: Contract, full-time Salary: \$68,000-\$75,000

Location: 790 Bay Street, suite 820, Toronto ON



HQ is a center of excellence in GMSM2STNB health, offering tailored mental health services, sexual health services, and community/social programming. It provides an accessible, safe, welcoming space for all cis men attracted to men, two-spirit, trans individuals and non-binary people. HQ promotes physical, sexual, mental, emotional, community and spiritual/social well-being through comprehensive services. Collaborating with stakeholders and communities, HQ strives for health equity by engaging the community and ensuring equal access to its programs.

At HQ, we work collaboratively with stakeholders and communities to promote health equity through community engagement and equitable access and participation in the Centre's programs. Our mental health services include a rapid mental health assessment clinic, mental health and substance use care using evidence-based group interventions (CBT, DBT, CPT,

Find out more about us at: <a href="https://hgtoronto.ca/">https://hgtoronto.ca/</a>

### About the Role

As a Social Worker / Psychotherapist at HQ, you will provide mental health support for diverse communities of cis guys into guys and all trans, non-binary and 2-spirited people in both Spanish and English. This position will work within an interdisciplinarity team to provide mental health and substance use care including, crisis counselling, case management and group counselling. You will provide assessment, counselling, and referral services to assist guys in discussing issues related to their sexual and mental health, including but not limited to substance use, coming out, disclosure of HIV status, relationship issues, anxiety and depression, isolation and marginalization, adjusting to life in Canada, shame and guilt, negotiating safer sex, and body image. The Social Worker will lead mental health group interventions and support psychiatrists in the rapid mental health assessment clinic.

## Responsibilities:

## Counselling

- Provide assessment, counselling, referral, and case management services to Two-Spirit, Gay, Bisexual, Transgender, Queer, and Non-Binary (2SGBTQ) communities
- Facilitate, and evaluate group-based interventions on a variety of mental health and substance use issues in collaboration with HQ partners



- Provide affirming, supportive experiences to help foster a sense of community
- Address sexual health issues using a risk reduction and sex positive approach
- Advocate on behalf of service users with health care providers

# **Crisis Response**

- Provide rapid response for clients who indicate urgent issues within all HQ care pathways, on-site or remotely
- Assess risk and determine initial triage (internal HQ support or external support)
- Develop safety plans and provide appropriate referrals and supports
- Complete documentation related to crisis support and case management

## **Community Development and Representation**

- Represent the agency on sector-wide working groups related to partnerships, program evaluation and the development of new services
- Represent the agency at a variety of ASO network meetings

#### **Administration and General Duties**

- Maintain program records, including maintenance of information in databases of appropriate service user demographics and service provisions
- Supervise Master of Social Work and other placement students
- Contribute to statistical and program reports and proposals
- Participate on HQ and external committees to plan, coordinate and deliver new and existing services, communicate information, resolve problems, and achieve the goals of the organization
- Participate in clinical supervision
- Respond to telephone, email and online inquiries related to counselling services and provides information, support, and referrals

## **Qualification & Competence:**

- Master of Social Work (MSW), or Educational / Counselling Psychology degree from accredited university
- Registered member in good standing with the Ontario College of Social Workers and Social Service Workers (OCSWSSW) or College of Registered Psychotherapists of Ontario (CRPO)
- Ability to provide psychotherapeutic services in both Spanish and English
- Three (3) years related experience in counselling, crisis intervention, or group facilitation
- Working knowledge of a variety of counselling approaches, including: Cognitive Behavioral Therapy (CBT)
- and Motivational Interviewing (MI), using anti-oppressive, trauma-informed and harm reduction frameworks

## Required Skills, Knowledge, and Abilities:

Experience in Dialectical Behavioural Therapy (DBT), Cognitive Processing Therapy (CPT), and/or Community Reinforcement Approach (CRA) is an asset

- Demonstrated experience and knowledge of health issues that impact 2SGBTQMSM+ Trans and non-binary communities and an understanding of the ways that other intersecting identities shape lived experiences (e.g., race, age, gender identity, gender expression, ability/disability, socio-economic status, immigration status, etc.)
- Demonstrated understanding of substance use issues and how they intersect with sexual health
- Ability to use discretion, judgment, and tact in handling sensitive or confidential information or situations
- Experience fostering working relationships with key partners who have diverse interests in community development working with 2SGBTQMSM+ Trans and non-binary communities
- Flexibility in hours, including availability for evening and weekend work
- Excellent organizational, computer (Microsoft Office), problem solving, interpersonal, verbal and written communication skills
- Fluency in additional languages is an asset

Please Note\* A Cover Letter outlining your lived experience and a list of some resources/recovery tools/programs/therapies you have used is a pre-requisite to be considered for this position.

# **Hours of Operations:**

• Flexibility in hours, including regular availability for evening and weekend work (clinic hours are Monday – Thursday 12pm– 8pm, and Fridays 10am – 6pm)

# **How to Apply:**

If you are interested in this position, please use the position title as the subject line and attach your cover letter and resume as a single PDF/Word file in an e-mail to careers@hqtoronto.ca

## **APPLICATION DEADLINE: Friday 19th, January 2024**

We would like to thank all applicants in advance for their interest in HQ, but only candidates receiving serious consideration will be contacted. No phone calls or agency visits please.

All new HQ employees are required to be fully vaccinated against COVID-19 as a condition of employment in accordance with HQ's vaccination policy unless they are exempt based on medical or other grounds pursuant to the Ontario Human Rights Code. Successful applicants will be required to provide proof of vaccination or proof of a documented medical exemption as part of the hiring process.

At HQ, we are committed to employment equity, a just workplace, and meaningful engagement of LGBTQ2S individuals. We encourage applications from diverse backgrounds and the LGBTQ2S community. Inclusion and accessibility are paramount in all areas of our work. If you need accommodation during recruitment, we will meet your needs.